



BFF | Enterprises

Office Health and Safety Workshop

The productivity of a company begins with the health of its employees. While it may not always be possible to eliminate sickness, with the proper tools, reducing illness and its effects on the workplace, can be within your reach. This course will discuss the steps to implement to keep yourself and co-workers healthy.

Workshop Objectives:

- Identify common illnesses
- Understand how they spread
- Recognize symptoms
- Apply treatment and prevention techniques
- Establish an Emergency Response Plan



For more information or to reserve your spot in this workshop, please contact:

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